ALLEN MEDICAL STAFFING INC.

P: (718) 364-7250 F: (718) 364-7355

LABOR AND DELIVERY SKILLS COMPETENCY CHECKLIST

Name:	Date:
Total years of Labor & Delivery nursing experience:	-

Please rate your Skill Level:

- **0** No Experience. Theory Only.
- 1 Limited competency / proficiency. Supervision Required.

- 2 Acceptable competency / proficiency.
- 3 Competent / proficient. Performed frequently and independently during the past 2 years.

SKILL	0	1	2	3	SKILL	0	1	2	3
I. ADMISSION OF LABOR PATIENT:					II. CARE OF PATIENTS WITH:				
Initial vital signs & evaluation					Vacuum Extraction				
Consent & Admission Form					Vasa Previa				
Admission Risk Assessment					VBAC				
L&D Admission Documentation					Version				
II. CARE OF PATIENTS WITH:					III. ANTEPARTUM CARE / PROCEDURES:				
Abruptio placenta					Triage of Obstetrical Patients				
Asthma					Non Stress Tests (NST)				
Beta Strep					Oxytocin Challenge Tests (OCT)				
Breech presentation					Assist with Ultrasound				
Cardiac disease					Assist with Amniocentesis				
Cesarean Section					Assist with Sterile Speculum Exam				
Chorioamnionitis					Reflex Checks / Edema Assessment				
Chronic hypertension					Pelvimetry				
Collagen vascular disease					Breathing & relaxation techniques				
Diabetes					Coaching				
Eclampsia					Delivery table set-up				
Episiotomy					Biophysical profile				
Fetal Demise					Perform sonogram				
HELLP Syndrome					Amniotic fluid index				
Hemolytic anemia					IV. L&D CARE / PROCEDURES:		l		
Hemorrhage					Vaginal Delivery Set Up				
Hepatitis B Virus					Sterile Vaginal Exams				
HIV Positive					Effacement				
Hypertension					Dilatation				
Infants					Station				
IDM Protocol					Presentation				
AGA Protocol					Leopold's Maneuvers				
LGA Protocol	+		1		AROM – assist				
SGA Protocol	+		1		Premature Membrane Rupturing				
Malpresentations	+		1		Ruptured Membrane Testing				
Multiple gestation					Fern Test				
NSVD					Nitrazine Test				
Placenta previa	+		1		Foley / Straight Catheter Insertion				
Preeclampsia	+		1		Assess / Document labor progression				
Premature labor					Assess / Document maternal status				
Prolapsed cord					Administer Analgesics				
Pyelonephritis					IUPC Placement / Calibration – assist				
RH disease / incompatibilities					Asses / Document Fetal Status				
Seizure					External Fetal Monitor (EFM)				
Sexually Transmitted Diseases					Fetal Scalp Electrode Placement				
Sickle Cell disease					Assist with FSE				
Stillborn	+	<u> </u>	+	-	Perform FSE	}			
Substance Abuse	+		+		FHR Pattern Recognition / Interventions	 	-		
	+		+			 	-		
Trauma Uterine Rupture		1			Fetal Scalp Blood Sampling – assist Fetoscope / Doptone	-			
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Include Postocia Shoulder Dystocia Shoul	SKILL	0	1	2	3	SKILL	0	1	2	3
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Post anesthesia recovery care Signs & symptoms of dural puncture										
							1			
	Emergency interventions					Spinal anesthesia	1			

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SKILL	0	1	2	3	SKILL	0	1	2	3
IX. EQUIPMENT:					X. MEDICATION ADMINISTRATION (contd	<u>):</u>			
Breast pump					Oxytocin				
Electric					Procardia				
Manual					Prostin Gel				
Cardiac monitor					Prostin Suppositories				
Glucometer					Ritodrine				
Oxygen Flow Meter					Terbutaline				
Pulse Oximeter					Continuous IV Administration				
Infusion Pumps (specific brands)					Eye Instillations				
-					IM Injections				
-					IV Push				
Defibrillator					SQ Injections				
Radiant Warmer					Use of Cytotec				
PCA Pump					Vitamin K	\dagger			
Phototherapy Equipment					Z-Tract Injections				
Bili Lights					XI. ASSESSMENT / OTHER:				
Bili Meter					Admission of patients to Post partum/NRSY	T			
Transport Incubator					Vital signs	+			
X. MEDICATION ADMINISTRATION:					Assess breath sounds	+			
Antibiotics					Assess heart sounds	+			
Antihypertensives					Fontanel assessment	+			
Cervical Ripening Agents					Neurological assessments	+			
Epidural Anesthesia					Thermal environment maintenance	+			
Heparin					Use of Sitz bath	 			
Indomethacin						 			
					Use of perineal lamp	 			
Infant Meds					Use of restraints	-			-
Aquamephyton					Care of cesarean section patient	<u> </u>			-
Erythromycin ointment					Administration of blood / blood products				-
Insulin					Care planning				
Magnesium Sulfate					Charge Nurse responsibilities	igspace			
Narcotics					Circulation checks				
Do you speak any other language(s) bes Are you familiar with computer charting?					es / No If YES, please list other language(s):S, what system(s) have you used:				_
Comments:									
	je th				en Medical Staffing on this skills checklist is tr presentation or omission may result in disqu			n fro	m
Nurse Signature:					Date:				_
Reviewer Signature:					Date:				